

CENTURION

SCULPTING OIL | OUT IN AFRICA
LABORATORY LUXE | NATURAL WONDERS
MALDIVIAN SHOWSTOPPER | EXTREME HOROLOGY

Plus: Algae's Bloom, Seasonal Essentials and Dining in Toronto

Emboodhu Finolhu (Three Coconut Island), which, wonderfully, you can only reach by speedboat. With its huge, sparkling, turquoise lagoon, overwater villas, infinity pool and guided diving trips, it's possible to spend a day here as the sun rises and falls with your feet never leaving either the sand or the water. As the sun dips behind the ocean, take in an outdoor yoga session or retreat to a private sundeck to soak up the vista of that blissful lagoon with a preprandial in hand. ♦

ROCKY MOUNTAIN HIGH

5. Vail

The winter sport destination may be even more appealing in the Colorado August sun: the hiking, mountain biking and river rafting are unsurpassed in the Rocky Mountains, and why not try yoga on a paddleboard in the middle of a mountain-ringed lake? The dining scene is burgeoning, and the craft beers rival any in America. ♦



Piney Lake



The Biltmore

AMERICAN DREAMING

6. Florida

The summer rays, the vanilla sands and the jet-blue ocean waters are at their finest come June and July in the southeasternmost US state. Down on Palm Beach the Spanish Revival-style pink palace of the **Boca Beach Club** (bocabeachclub.com) positively glows in the round-the-clock sun. The marble and limestone arcades, yacht, golf and beach clubs, tennis courts, pools and surf simulator make summer time fly. Renaissance grandeur from an even earlier period comes in the form of **The Breakers** (thebreakers.com), which has had its own private stretch of Palm Beach since the late 19th century. It's stayed with the times,

though, with four pools, a championship quality golf course and tennis courts. Still farther south, the **Faena Miami Beach** (faena.com/miami-beach) has its own sun-drenched charm of a beguilingly modern kind. Minutes from the nocturnal hub of South Beach, outdoor life here is utterly unique, all the way down to the woolly mammoth

skeleton dipped in gold by the pool. Crossing town to the chi-chi Coral Gables neighbourhood and oozing Old World showbiz glamour, the **Biltmore Hotel** (biltmorehotel.com) comes alive in summer with its 18-hole golf course and utterly incredible swimming pool, bedecked with Renaissance sculptures. Looming large and



The Breakers

tall against the orange Miami sun is **The Setai** (thesetaihotel.com), a byword for Miami-chic with its Zen-inspired Asian courtyard atmosphere of pagodas and pools – the perfect spot for cooling off after a blue-sky Florida June day. ♦



Faena Miami Beach