

TOWN&COUNTRY

29 Weekend Getaway Spas for Every Type of Traveler

From luxurious treatments to total detox in isolation, these are the ultimate in self-indulgence.

BY [LEAH SILVERMAN](#), [OLIVIA HOSKEN](#) AND [SAMANTHA VINCENTY](#) PUBLISHED: APR 10, 2023

A [spa weekend](#) is the sort of quick trip that can straighten out months of stress in just a few days. Sure, you might rush to get there by plane or car—but once you've kicked back in a plush lounge chair, swathed in a buttery-soft robe with a green juice or glass of wine in hand, it's all about self-care from sunrise to sunset. Below, we've rounded up the most beautiful spas in America that would make for an unforgettable weekend getaway, including a few that even seasoned luxury spa resort connoisseurs haven't been to yet.

From rigorous fitness programs to sound baths and chocolate-coated relaxation (adjacent to an amusement park!), there are truly no wrong choices here. Here are some of the best spa resorts for a weekend getaway, to help you unwind in no time.

Tierra Santa Healing House at Faena, Miami Beach, FL



On the third floor of Miami Beach's [Faena Hotel](#), you'll find one of the largest hammams, or Turkish baths, on the East Coast. That's just one of the delights you'll find in this 22,000-square-foot space that's a feast for the eyes *and* the senses; its expansive treatment menu includes "shaman-developed" healing rituals and ultra-luxe Biologique Recherche facials.