

YOUR JOURNEY BEGINS WITH US

MARCH | APRIL 2018

VIRTUOSO LIFE

CITY STYLE

LOCALS LEAD THE WAY

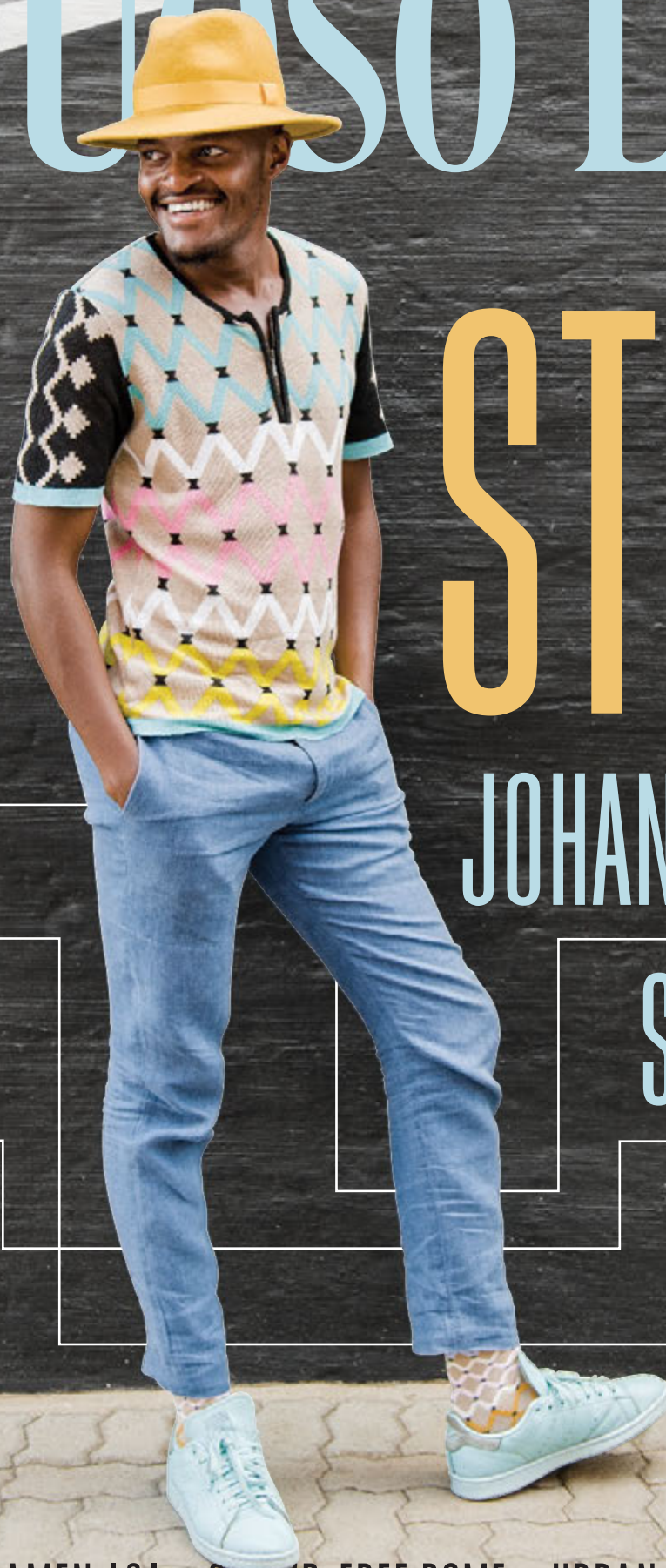
SANTIAGO

MELBOURNE

JOHANNESBURG

SINGAPORE

MIAMI

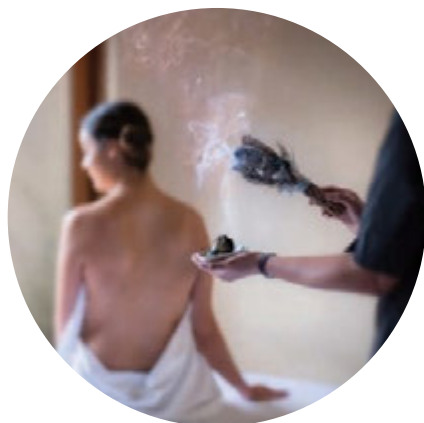


Johannesburg-based
fashion designer
Laduma Ngxokolo, page 90

+ TOKYO RAMEN 101 • CROWD-FREE ROME • URBAN SPAS

Native Cures

At these hotel spas, travelers reap the benefits of indigenous ingredients and ancient healing techniques.



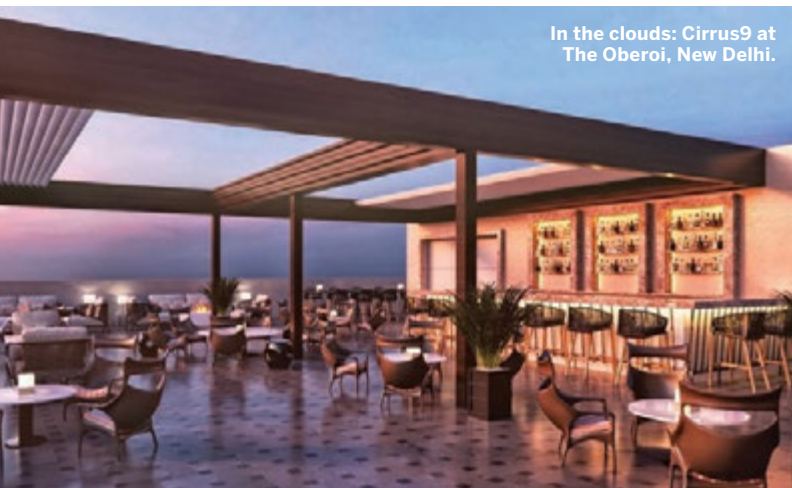
In the tranquil Sangre de Cristo foothills, where the Southwest's Pueblo Indians reside, the earthy, 65-casita **Four Seasons Resort Rancho Encantado Santa Fe** offers its spa-goers regionally inspired treatments. Based on a popular local remedy for parched skin, the Blue Corn and Honey Renewal treatment includes a body wrap in blue corn and wildflower honey, followed by a full-body massage. *Doubles from \$500, including breakfast daily and a \$100 hotel credit. Blue Corn and Honey Renewal, \$245.*



Not far from Mexico's **Rosewood Mayakoba**, the ancient Maya used natural ingredients to heal the body and connect with nature. Those practices inspired the menu at the 130-room resort's Sense spa, hidden in an emerald jungle thicket on its own island. The Cenote Temazcal Journey, **a detoxification ritual**, begins in the spa's temescal (an indigenous stone sweathouse) with a rosemary-, basil-, and rose-scented steam bath before a massage with heated herbal poultices. *Doubles from \$930, including a welcome amenity, breakfast daily, and a \$100 spa credit. Cenote Temazcal Journey, \$450.*



The 22,000-square-foot Tierra Santa Healing House at the 169-room **Faena Hotel Miami Beach** combines antiaging technology with the healing methods of **South American shamans** through bodywork, meditative practices, and other therapies. Book the two-hour Tree of Life Vibrations treatment, aimed at reviving the spiritually weary (or just the extra sleepy) through aromatherapy, massage, and sound therapy. *Doubles from \$675, including a welcome drink, breakfast daily, and a \$100 hotel credit. Tree of Life Vibrations, \$400.*



In the clouds: Cirrus9 at The Oberoi, New Delhi.

A CLASSIC, REBORN

Built in 1965 at the behest of India's first prime minister, **The Oberoi, New Delhi** has been hosting celebrities, Bollywood film directors, and world leaders in the country's capital city ever since. The hotel was due for an update, however, and earlier this year it emerged from a 21-month, **\$100 million renovation** with a contemporary new look from designer Adam D. Tihany. Expanded guest rooms have lowered the count from 283 to 220, and the spaces have been upgraded with oversize windows, teak floors, and Italian marble bathrooms. Cirrus9, The Oberoi's new rooftop bar overlooking Emperor Humayun's Tomb, is the highlight of a new array of culinary choices, which also includes Indian and Chinese restaurants. The hotel has raised its wellness profile too, with restored indoor and outdoor swimming pools, complimentary morning yoga classes, an infrared sauna in the five-room spa, and a state-of-the-art indoor filtration system that promises the cleanest air in the city. *Doubles from \$307, including breakfast daily and one lunch for two.*