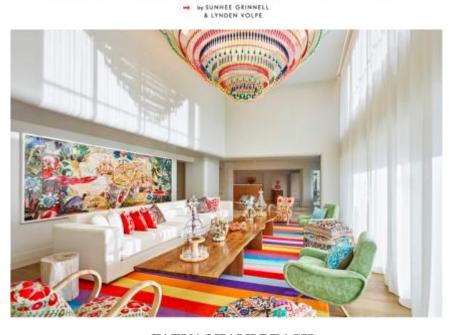




## **Quick Spa Getaways**

Seeking some peace and serenity? Then check out some of these in-town and near-to-New York spa destinations for a weekend of pampering and wellness with new spa offerings.



FAENA MIAMI BEACH

And while in Miami, one should not miss **Tierra Santa Healing House**, located in the **Faena Miami Beach** hotel is the other place to be. Throughout this fall, you can sign up for three South American—inspired treatment, which are to die for. We especially love the sound of the Masaje de Coco, which uses virgin coconut oil to heal and relax. In South America, coconut oil is called the "oil of life," and we agree with that nickname. We've seen its powers firsthand, for everything from curing blemishes to moisturizing dry hair.