TIERRA SANTA

FAENA

MIAMI BEACH

"AN OASIS OF HOLISTIC THERAPIES FOR THE SPIRIT, MIND, AND BODY, TIERRA SANTA HEALING HOUSE BLENDS ANCIENT HEALING RITUALS FROM AROUND THE WORLD TO AWAKEN CONSCIOUSNESS AND RESTORE WELLBEING."

– ALAN FAENA

Regarded as the spiritual heart of Faena Miami Beach, Tierra Santa Healing House is a holistic sanctuary dedicated to the art of living well. Taking its name from Alan Faena's idyllic Punta del Este estate, meaning "holy ground," every detail of the oceanfront spa is crafted for rejuvenation, meditation, and contemplation.

The Tierra Santa journey cultivates transformative healing by combining indigenous ingredients, energetic practices, and state-of-the-art technology with a jasmine-infused hammam, marble Wet Spa, and a menu of South American body therapies inspired by shamanic wisdom. Our team of experts, well-versed in modern and alternative medicine, delivers unparalleled healing treatments that restore vitality and elevate the spirit.

1

A JOURNEY THROUGH OUR HEALING HOUSE

Step into a space filled with vibrant color, soothing scents, and a stillness that penetrates the depths of your being. Soft-spoken guides usher you through each phase of your healing journey, commencing with sweeping ocean vistas, freshly-brewed Tierra Santa tea, and the cleansing aroma of Palo Santo. Our purifying Wet Spa is a temple of water and heat that detoxifies the spirit, mind and body, preparing each guest for a range of health-giving rituals and therapies.

THE WET SPA

BEFORE YOUR TREATMENT, ENJOY THE WET SPA

Our approach to healing is very simple. We use an exclusive hand-blended, plant-based range of Tierra Santa muds, scrubs, and essential oils inspired by generations of shamanic wisdom in South America. These homeopathic ingredients are activated by heat and steam, resulting in profound physical, mental, and spiritual purification and restoration.

1. STAGING AREA

After a warm welcome, we will prepare you for the spa journey. Hang your robe, collect your towel, and slice slivers of handmade soap into a copper bowl. Settle your mind with deep cleansing breaths and you're ready to begin. We encourage you to use sandals during the wet spa experience.

2. WATERFALL

Every guest's journey starts and ends in the Waterfall, a shower that prepares the body for heat therapy, and provides final cooling and cleansing before departure.

3. HAMMAM

A time-honored cleansing ritual featuring a heated hexagonal *gobek tasi* made of Amazonite stone, where scrub treatments are performed by intuitive therapists. Destress while inhaling jasmine-infused steam and relax as the stone's warmth soothes sore muscles and joints, easing all tension.

4. HERBAL STEAM ROOM

The hottest room in the facility supports advanced detoxification and cleansing. The calming aroma of eucalyptus is released to purify the respiratory system, deeply cleansing the nasal passages and lungs to promote ultimate relaxation.

5. WET SCRUB & COLD PLUNGE

This space offers specialized hydrotherapy treatments, a cold plunge, and traditional body scrubs featuring state-of-the-art technology *(additional charges apply).*

6. SAUNA

An age-old Scandinavian heat therapy with revitalizing wild orange essential oil. Multi-tiered, beautifully-curved seating is handcrafted from African Obeche, and walls made from Canadian Hemlock, envelop you in comforting warmth.

7. ICE CHAMBER

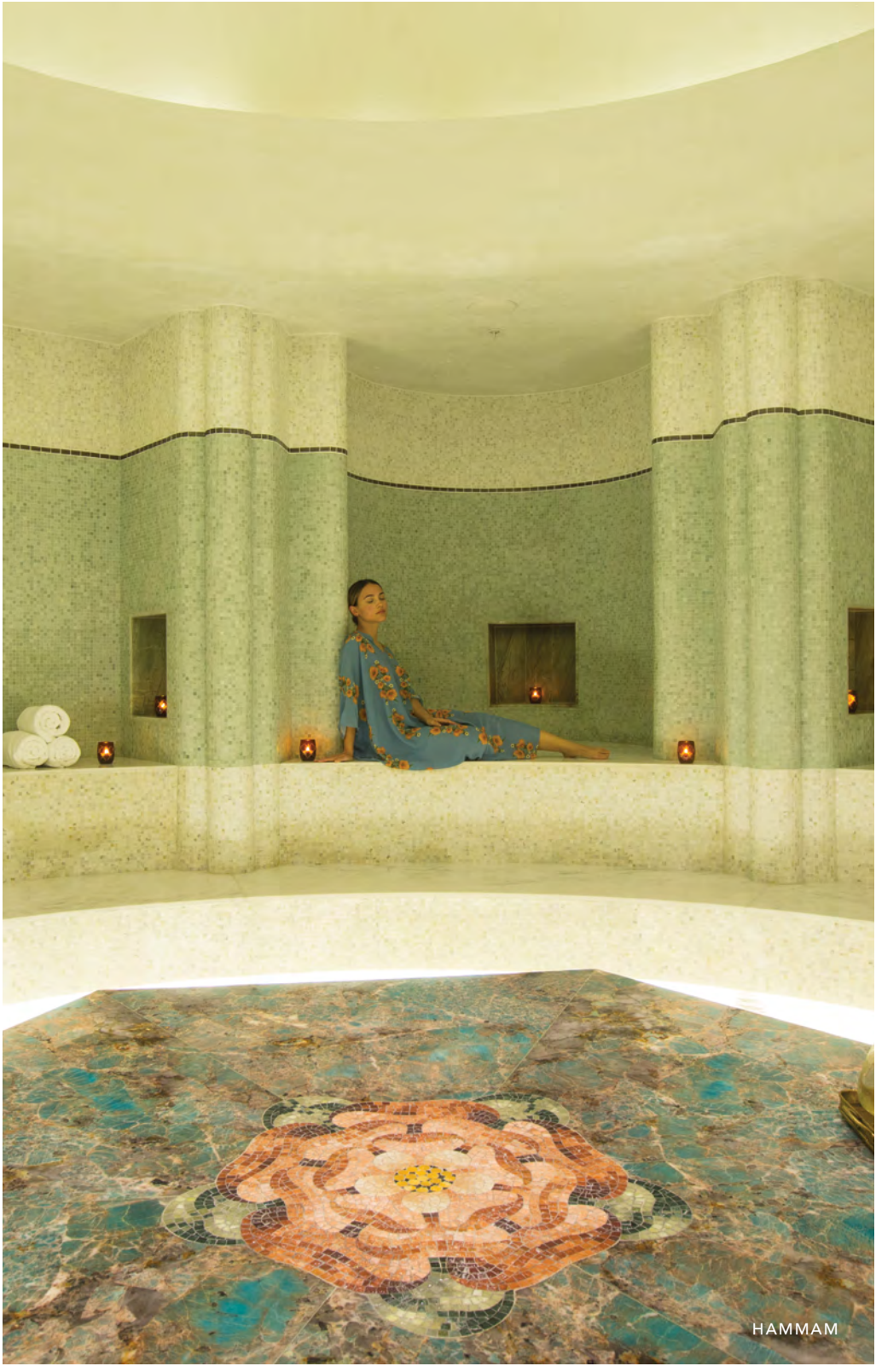
The marble two-seat Ice Chamber cools the body using a combination of ice and air. The interplay of hot and cold on the skin widens the arteries and stimulates blood flow and the metabolic system, which helps strengthen the immune system.

8. TEPIDARIUM

Recline on heated stone beds warmed to body temperature, which comfort and relax you as you lie back and sip on our refreshing Tierra Santa tea.

HERBAL STEAM ROOM

WET SCRUB



HAMMAM

THE BODY RITUALS

PURIFYING BODY RITUALS AT THE WET SPA

BATHING RITUAL

We invite you to create a customized "do-it-yourself" ritual that matches your mood. Lather up with a choice of Tierra Santa scrubs, muds, butters, and oils available at reception to use throughout your Wet Spa experience.
Choose one from each category and enjoy the therapeutic benefits of each healing ingredient:

- PURIFYING SCRUBS:
  Choice of Verbena, Sage, Cacao and Mint.

- HEALING CLAYS:
  Choice of Calendula and Betonite Clay or Cacao and Aloe Vera mask.

- NOURISHING OILS AND BUTTERS:
  Choice of Sage, Cacao and Vanilla, Eucalyptus, or Quinoa.

HAMMAM LOVE RITUAL

(90 / 120 minutes) Unique to Tierra Santa, the private Hammam Love Ritual is a purifying and strengthening mind and body treatment. Begin your journey with a personalized cleansing ritual on a rose quartz-infused marble slab, where your therapist will prepare the body with a full body dry brush followed by a Cacao & Mint scrub. A restorative mask of Aloe Vera and Cacao will nourish your skin while you relax in the Hammam with the aromatherapeutic benefits of jasmine-scented steam. Remove the body mask on the tepid waterfalls, and finish removing all the toxins in our dry Sauna to dive in our exclusive cold plunge to bring awareness and strengthen the immune system. The ritual concludes with a calming body massage using precious Cacao and Vanilla butter to deepen your connection with yourself, your loved ones, and gain clarity with a deep sense of happiness.

CRYO SCRUB RITUAL

(60 / 90 minutes) Begin your journey in our Private Scrub Room with a personalized cleansing ritual on a rose quartz-infused marble slab. Start with a full body dry brush followed by a green tea and mint scrub to remove all the impurities of the skin. Continue with a deeper cleansing in our dry Sauna and dive in our exclusive cold plunge to bring focus, awareness, reduce inflammation, and strengthen the immune system. The Ritual concludes with a calming body massage using quinoa balm to boost hydration, increase collagen production, and improve skin elasticity.

THE RELAXATION ROOM

TAP INTO SACRED STILLNESS

Each treatment commences and concludes in our serene Relaxation Room, designed as an escape to unwind and rejuvenate. This soothing space features overstuffed sofas that cocoon the body, soft lighting, curative music, bespoke herbal teas, and a selection of vegan nibbles.

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UNIQUE HEALING ARTS

Our Unique Healing Arts body rituals offer an immersive introduction to shaman-inspired therapies, Pranic Healing and massage arts. Each Healing Art treatment is performed with our own organic hand-blended range of Sacred Oils, butters, resins, healing stones and poultices. Traditional curative practices are combined with indigenous ingredients ethically sourced from South America. Every treatment is an opportunity to improve your health and transform your life through the therapeutic power of touch, sound, color, taste and scent.

ESPÍRITU SANADOR
PRANIC HEALING, PALO SANTO & SOUND BOWLS

(60 minutes) Pranic Healing* is a system of energy medicine used to harmonize, balance, and transform the body's energy processes to restore physical, mental, and emotional health performed by certified practitioners. This three-part energetic purification ritual begins with a thorough cleansing and balancing of the chakras. The body is further purified with the gentle uplifting aroma of Palo Santo smoke, a sacred tree from the east coast of South America known for its mystical healing properties. To finish the treatment, sound bowls are used to quiet the mind through vibrational sound harmonics that synchronize brainwave frequencies.

**Created by scientist, Master Choa Kok Sui*

RITUAL DE SAGRADA CONEXIÓN
SACRED CONNECTION RITUAL

(60 / 90 minutes) Two therapists connect and harmonize the body's energetic flow to alleviate physical and mental tension. Using our sacred oils, with ingredients sourced from South America, four hands work in harmony to perform a full-body massage that relieves tight muscles and releases energetic blocks. A relaxing face massage is then performed with an application of a deep hydrating moisturizer. Our singing bowls enhance the treatment's therapeutic effects through specific rhythmic vibrations that relieve stress and improve clarity, vitality, and intuition.

EL ÁRBOL DE LA VIDA
TREE OF LIFE VIBRATIONS

(90 / 120 minutes) A Tierra Santa signature treatment, this nature inspired therapy draws on ancient healing traditions practiced for generations. The treatment commences by selecting a fragrant essential oil used for aromatherapy. As the body rests on a heated bed, a combination of Sacred Oils are poured on tension points along the spine. A hot stone massage is then applied to the body's symbolic "Tree of Life:" starting at the lower back—the roots, along either side of the spine—the trunk, and into the upper shoulders and neck—the branches. Sound enhances the therapeutic effect of this transformative treatment. Nepalese singing bowls handmade from seven different metals are used to gently warm and soothe the lower back, slowly diffusing its vibrations to release deep-seated tension in the body. There is an option of extending the sound therapy to each of the main chakras. Please consult your therapist for details.

SOL EN ESPIRAL
ULTIMATE HEALING RITUAL

(100 minutes) This treatment combines the ancient technique of Pranic Healing, deep massage, and shamanic ritual in order to remove impurities from the physical, emotional, and mental bodies. Performed by our Director and Healer Agustina Caminos, this 100-minute treatment is a unique experience that will make you feel renewed, full of strength, and inspired to become the best version of yourself.

MASSAGE THERAPY AND BODYWORK

ÁGUILA
TIERRA SANTA DEEP TISSUE
(60 / 90 minutes) Highly recommended for men and athletes. A deep tissue, energy-balancing massage using warm essential oils to ease aches and pains. Applied by our therapists with deep pressure to specific trigger points, unblocking stagnant energy. We highly suggest to enhance this treatment with an add-on of CBD balm to improve inflammation and soreness.

ÁBRETE CORAZÓN
CACAO RELAXING MASSAGE
(60 / 90 minutes) This deeply relaxing massage uses the high anti-inflammatory and antioxidant properties of Cacao to relax the body, and and its powerful antistress qualities to help you reach deep states of consciousness. During the 90-minute version, specific areas of tension are soothed away with the application of hot stones.

MADRE TIERRA (PRE-NATAL)
MASAJE DE COCO (PRE-NATAL)
(60 minutes) Ideal for expecting mothers. This deeply nourishing and relaxing massage uses virgin coconut oil, revered as the 'Oil of Life' in South America for its curative and regenerating properties.

SALVIA PURA
SAGE HEALING & DETOX
(90 minutes) A customized healing ritual that includes dry brush, sage, and mint exfoliation to remove toxins physically and energetically due to the superior benefits of the plant. It is followed by the application of a detoxifying magnesium bodywrap and scalp massage. Organic ingredients are used to protect, cleanse, and nourish the skin. After the mask is removed with heated aromatic towels, the application of aloe vera, and shea butter balm act as a powerful destressing agent and has an uplifting effect.

ORO PURO
FIRMING QUINOA BLISS
(90 minutes) This luxurious massage combines, dry brush, lymphatic drainage and remodeling techniques using purified quinoa oil drops to boost hydration, increase collagen production, and prevent loss of skin elasticity. It is a perfect combination that ensures hydration and nutrition, leaving the skin softer and healthier.

GUERRERO SAGRADO
SACRED WARRIOR
(90 minutes) This nature inspired therapy treatment draws upon ancient healing traditions combining Pranic Healing to harmonize, balance, and transform the body's energy processes to help restore physical, mental, and emotional health, followed by a cacao massage that is a deeply relaxing massage using the high anti-inflammatory properties of cacao to relax the body, and the powerful antistress qualities to help fall into deep states of consciousness.

SPA SUITE

Enjoy the ultimate spa experience with exclusive Tierra Santa private oceanfront Spa Suites. This indulgent escape allows you to relax and unwind in private spa surroundings with an indoor soaking tub and a secluded balcony overlooking the ocean. Guests have the option to choose their treatments from any of our Unique Healing Arts, Massage Therapies, Body Work or Hammam Rituals or the following specialty couples treatments. Spa Suite reservations are custom priced according to time and experience. Please consult your Spa Concierge for more information.

THE ART OF LOVE

(6 hours) Begin your retreat with a customized healing ritual that includes a warm singing bowl used to gently soothe the lower back and treat the main chakras, slowly diffusing its vibrations to release tension throughout every inch of the body. A complete dry body brush and a sage and mint body exfoliation removes old skin cells and prepares the skin for the calming effects of a lavender-infused bath. The ritual concludes with a relaxing body massage using hand-blended oils from our Sacred Collection. Couples are then served an organic spa lunch on the suite's private terrace. The rest of the afternoon is dedicated to Faena's signature two hour facial, which leaves the skin refreshed and glowing. Additional time is reserved at the end of the treatment for relaxation. Couples also enjoy a bottle of Champagne and house-made nibbles prepared by our world-renowned chef.

COUPLES BATH RITUAL

(4 hours) The ritual starts with singing bowls placed along the main chakras. Palo Santo is burned to help remove impurities from the energetic body and a dry brush prepares the skin for a cacao and mint scrub. Cacao is one of the highest plant-based sources of magnesium and mint enhances its benefits; followed by a mask of Aloe Vera and Cacao to restore and nourish your skin. After luxuriating in the deep soaking magnesium bath, relax with the aromatherapeutic benefits of a calming face and body massage using precious Cacao and Vanilla butter to deepen your connection with yourself, your loved one, and gain clarity with a deep sense of happiness. Couples also enjoy a bottle of Champagne and house-made nibbles prepared by our world-renowned chef.

IN-ROOM SPA EXPERIENCES

Available exclusively to guests of Faena Miami Beach.

TIERRA SANTA IN-ROOM WELCOME RITUAL

(30 minutes) Begin your stay with a Tierra Santa healing ritual that includes a singing bowl and Palo Santo smoke to cleanse and elevate the vibration of the room. Relax and soak your feet in warm water before enjoying a refreshing sage and mint exfoliating foot scrub followed by a soothing foot massage with sage balm to nurture tired feet and lift the spirit.

IN-ROOM MASSAGE & BODY WORK

(60/90 minutes) Our therapists can offer one of our massages or bodywork rituals in the comfort of your guest room or on your oceanview balcony. Please contact the Spa Concierge for more information and pricing.

UPGRADE YOUR EXPERIENCE

Add on extra time to enhance any body treatment.

RITUAL CHAMÁNICO
HEALING SOUND BOWL VIBRATION

(15 minutes) Sound healing with different shamanic instruments and Tibetan singing bowls enhance the treatment's therapeutic effects through specific rhythmic vibrations that relieve stress and improve clarity, vitality, and intuition.

CHAKRAS HARMONIZATION

(15 minutes) Balance and transform the body's energy processes to restore physical, mental, and emotional health.

DRY BRUSH EXFOLIATION

(15 minutes) Enjoy a vigorous full body exfoliation prior to any massage to instantly soften, smooth, and revitalize your skin.

PRODIGIO HAIR TREATMENT AND SCALP MASSAGE

(15 minutes)

A powerful Rossano Ferretti reconstructing treatment for the hair cuticles that leaves the hair shiny and healthy.

SAGE & MINT SCRUB

(20 minutes) Before your massage enjoy a sage and mint exfoliation to remove toxins physically and energetically due to the superior benefits of the plant.

CACAO & MINT SCRUB

(20 minutes) Before your massage enjoy a cacao and mint exfoliation, using the high anti-inflammatory and antioxidant properties of Cacao, and the powerful antistress qualities to help fall into deep states of consciousness.

FOOT MASSAGE

(15/30 minutes) A Tierra Santa Foot Massage helps relieve stress while stimulating the body's natural reflexes and improving organ and glandular function. Mint essential oil and sage balm aid circulation and refresh the feet. Our Foot Massage is an ideal add-on to any of our massage or body treatments.

LED LIGHT

(30/ 60 minutes) During any treatment, from a facial, to a massage to a manicure or pedicure, you can stimulate the production of collagen of your skin, treat acne, or alleviate pain by using the powerful effects of LED lights.

MINI FACIAL

Enjoy a 20-minute express facial with your treatments using our organic and local lavender or rose treatment.

CBD

Our CBD body cream can be applied to any treatment to alleviate pain, inflammation, reduce stress, anxiety, and enhance the powerful healing techniques used by our therapists.

COLD PLUNGE

(30 minutes) Reserve our exclusive scrub room to enhance your spa experience with a cold plunge to reduce inflammation and promote muscle recovery after intense physical activity. In addition, boost the immune system, increase metabolism, and improve overall circulation. A cold plunge can also provide a natural energy boost and improve mood by triggering the release of endorphins, the body's natural painkillers.

IV THERAPY

IV Vitamin Infusion Therapy delivers vitamins, minerals, and amino acids directly into your system and nourishes your body from a cellular level. Since it bypasses the digestive system, the IV method allows larger doses of these supplements to be safely administered that could not be tolerated orally. It fights exhaustion, slows the aging process, and delivers an energy boost. It also can help regulate sleep, mood, appetite, and improves the appearance of skin, hair, and nails. Intravenous vitamin therapy is the quickest way to restore optimum hydration, stimulate and support the immune system.

3

ADVANCED BEAUTY & FACIALS

At Tierra Santa Healing House, our rigorous approach to beauty spans from head-to-toe. Choose from an array of advanced beauty, skincare, and facial treatments from highly-trained estheticians and leading industry experts. The spa is outfitted with state-of-the-art technology and uses trusted brands such as Biologique Recherche.

BIOLOGIQUE RECHERCHE

Biologique Recherche has a reputation for astounding effectiveness based on a clinical approach to beauty care using pure, concentrated raw ingredients, as well as innovative and meticulous protocols and procedures. Each treatment is highly personalized to achieve immediate and long-lasting results. Experience why this French skincare and body care range has achieved a cult following worldwide.

LE SOIN VIP 02

(60 / 90 minutes) An oxygenating and balancing ritual for all skin types that promotes the absorption of Biologique Recherche's active ingredients. Cleanses, smooths and hydrates the skin leaving it renewed and glowing.

LE SOIN EQUILIBRANT

(60 / 90 minutes) Triple action treatment that eliminates impurities, regulates excess oil, and unifies the tone of the skin. Increases the skin's natural protection against external agents. Ideal for men.

TRIPLE-LIFT ADVANCED FACIAL

(120 minutes) The ultimate sculpting treatment that combines two exfoliating, reconditioning and face-lifting boosters with the use of the Remodeling Face® machine. A complete treatment to redefine and plump facial volume.

SOIN MICRO-STIMULATION

(60 / 90 minutes) An intensive treatment that helps fight against signs of premature skin aging. A blend of active serums with the Micro-Puncture Lab© combine to stimulate collagen production for immediately visible results. The epidermis is plumped and revitalized.

BODY REMODELING

(90 minutes) A hydrating and dermo-protective slimming massage to firm and tone loose tissues, eliminate dead skin cells, and sculpt the body. Ideal after a weight management program.

HYPER-CUSTOMIZED FACIAL

Using products that advance the science of skincare to combine the highest quality ingredients with scientific formulations, which instead of that help improve the skin's structure and quality.

(60 / 90 minutes) Designed to strengthen and regenerate the skin with a focus on the areas that are prone to loss of elasticity as skin ages. Delivering a lifting and tightening massage technique to help improve the tonicity of the jaw lines, cheeks, and eyebrows. Skin is left firmer and with more volume, fine lines are reduced, and texture is improved.

BRIDAL SKINCARE RITUAL

Great skin doesn't happen overnight, you will want to start working on a skincare routine at least 1 year before your wedding. Our professionals will design the best game plan leading up to your big day and have your skin healthy and glowing. Consult our Front Desk for a Wellness Consultation appointment to tailor the best program to your needs.

FAENA GLAM

Daniela Gozlan is our exclusive Miami-based makeup artist and groomer. Her understanding of bone structure, shadow, and light allows her to draw out beauty effortlessly - from fresh, natural, and glowy to glamorous and dramatic. Daniela runs a team of experts that will enhance your natural beauty for each occasion. (Reservations with 24 hours in advance at the Spa Front Desk).

SOCIAL MAKE-UP
Whether you want a minimalist look or more glam.

SIGNATURE / FAENA GLAM
For that extra Glam you need for a Gala, Red Carpet or any special occasion.

BRIDAL MAKEUP & HAIR STYLING
Professional hair and makeup for a day you will always remember.

BRIDAL MAKEUP & HAIR TRIAL
You want to have everything set for that special day, so choose the best style and look the way you always dreamed of.

ADDITIONAL GUEST BRIDAL MAKEUP & HAIR
Although the bride is the queen of the party, you have to enhance her light with your own.

NAIL STUDIO

Offering more than just a regular manicure and pedicure, our nail studio serves up the latest trends in nail art, hand treatments, and waxing services. Book one of our bespoke experiences while you leaf through the latest magazines or art books.

TIERRA SANTA MANICURE *(60 minutes)*
TIERRA SANTA PEDICURE *(75 minutes)*
MANICURE *(30 minutes)*
PEDICURE *(45 minutes)*
GEL MANICURE *(50 minutes)*
GEL PEDICURE *(60 minutes)*
ULTIMATE MANI/PEDI
with LED Light and IV Treatment

ROSSANO FERRETTI HAIR SPA

Merging his passions for art, architecture, fashion and design, Rossano Ferretti and his salons blend refined elements to offer guests a highly cultivated experience. Rossano Ferretti's revolutionary signature approach—"The Method," created with the help of his sister, Lorenza Ferretti—focuses on the natural fall of the hair and is considered one of most significant innovations in hairstyling over the past 40 years. The Method allows the stylist to enhance individual beauty by customizing the haircut according to the specific hair type and characteristics of each client.

STYLING
Haircut for Women
Haircut for Men
Blow-Dry
Up-Do
Color
Highlights
Gloss
Olaplex

ROSSANO FERRETTI TREATMENTS
Nano Keratina
Hair Botox
Hair Extensions by Consultation
Makeup with Daniela Gozlan

4

DAY SPA PACKAGES

Our Day Spa packages are inspired by our mission to elevate human consciousness, grounded in the belief that true peace is found by cultivating inner tranquility.

These experiences begin with a yoga practice to awaken the senses and sharpen the mind, followed by a combination of body treatments and wet spa amenities. Each package is designed to balance emotions, strengthen willpower, and illuminate the spirit with peace.

DHARANA

(4 hours, $ 500 ++) Begin your day with a revitalizing group yoga session to awaken your senses, followed by a personalized cleansing ritual on a rose quartz-infused marble slab in our Private Scrub Room. Experience a full-body dry brush exfoliation, accompanied by a green tea and mint scrub to purify your skin. Continue with a deeper cleanse in our dry sauna, then immerse yourself in our exclusive cold plunge to enhance focus and awareness, reduce inflammation, and strengthen your immune system.

The ritual concludes with a soothing body massage using quinoa balm, which boosts hydration, stimulates collagen production, and improves skin elasticity. Complete your experience in the Tepidarium, where stone beds heated to body temperature provide comfort and encourage deep meditation as you relax with a cup of our calming Tierra Santa tea.

This treatment perfectly balances mental and spiritual wellness, guiding you on the 6th path to Illumination.

DHYANA

(4 hours, $850 ++) Begin your day with a rejuvenating group yoga session to awaken your senses, followed by our enchanting Hammam and Wet Spa, designed to purify, and prepare your Spirit, Mind, and Body for one of our most profound experiences.

Our Sacred Connection Ritual guides you into deep relaxation and a meditative state. Over 90 minutes, two therapists work in unison to harmonize your body's energy flow, alleviating both physical and mental tension. Utilizing sacred oils sourced from South America, four hands perform a full-body massage that soothes tight muscles and releases energetic blockages. This is followed by a relaxing face massage with a deeply hydrating moisturizer. The therapeutic effects of the treatment are further enhanced by the rhythmic vibrations of singing bowls, which relieve stress and improve clarity, vitality, and intuition.

This contemplative meditation represents the penetration phase of the mind, as indicated in Dharana, and serves as the 7th path to Illumination.

SAMADHI

(5 hours, $820 ++) Begin your day with an invigorating group yoga session to awaken your senses, followed by our magical Hammam and Wet Spa to purify and prepare you for a deeply relaxing massage. This treatment harnesses the powerful antistress properties of cacao, promoting deep states of consciousness, opening your heart, and relaxing your body with its high anti-inflammatory and antioxidant benefits. During this 90-minute blissful experience, hot stones are applied to soothe specific areas of tension.

Next, one of our Pranic Healers will perform a thorough cleansing and balancing of your chakras. The body is further purified with the gentle, uplifting aroma of Palo Santo smoke, a sacred tree from the east coast of South America. Pranic Healing, created by scientist Master Choa Kok Sui, is a system of energy medicine used to harmonize, balance, and transform the body's energy processes, restoring physical, mental, and emotional health. The treatment concludes with the use of sound bowls, which quiet the mind through vibrational sound harmonics that synchronize brainwave frequencies.

This three-part energetic healing leaves you in a deep state of peace and happiness. The feeling of complete bliss represents the final phase of the ascension of consciousness and unification. It is the final, 8th path to reaching Illumination.

5

WELLNESS & MOVEMENT

The Tierra Santa fitness facility blends sophisticated training and smart technology in the purest and simplest of settings. Each day, our team of experts opens the door to a new beginning, an opportunity to change your life, improve your health, and enhance your body.

Certain services are performed by third party providers. These service providers and all of their employees are independent contractors, not employed by, or in any joint venture with, Faena Hotels & Residences, LLC, Faena Hotel Miami Beach or the Tierra Santa Healing House Spa. The availability of the Services does not constitute an endorsement or recommendation of the Provider and/or Services, nor is it a warranty or guarantee as to any Service to be provided by the Provider or its employees.

TIERRA SANTA FITNESS STUDIO

Our oceanfront fitness facility offers state-of the art Technogym equipment for a range of cardiovascular and weight training options. The Fitness Studio is open to hotel guests of Faena and Casa Faena, as well as Tierra Santa Day Spa.

PERSONAL TRAINING

Our team of personal trainers are experts in strength and conditioning, life coaching and nutrition, offering a complete and effective training system. Instructors motivate guests to reach their goals and inspire lifestyle choices through bespoke exercise programs. Training can take place in our Fitness studio, on the deck, or on Miami Beach. Customize your training program to the categories listed below:

- Fat loss
- Weight loss/gain
- Strength and conditioning
- Sports-specific training
- Injury rehabilitation
- Toning

TIERRA SANTA MOVEMENT STUDIO

The Tierra Santa Movement Studio is dedicated to yoga, pilates, tai-chi, meditation and wellness workshops. The south-facing rooms are filled with warm golden light from sunrise to sunset, offering a sacred space for spiritual connection.

GROUP YOGA

The highly trained instructors practice the ancient traditions of Ashtanga Yoga, Hatha, and Kundalini. Tierra Santa Spa Director Agustina Caminos facilitates Hatha Yoga and meditation classes incorporating wisdom learned from generations of yogis in her family. The purpose of yoga is to challenge the mind and body to achieve a higher state of consciousness. Through work and commitment, yoga will help you cultivate mindfulness, peace, and happiness, and enjoy a greater sense of connection with yourself and others.

PRIVATE YOGA

Our team of expert yoga practitioners offers a range of one-on-one yoga classes from beginners to intense power flows.

TWIN HEARTS MEDITATION

(60 minutes) The guided Twin Hearts Meditation introduces meditators to the work of Master Choa Kok Sui, the founder of Pranic Healing and Arhatic Yoga. It is an ancient meditation that focuses on activating the heart and crown chakras as a bridge to illumination. This meditation helps foster a greater sense of calm, stillness, intuition, and wellbeing.

TO KNOW MORE ABOUT OUR EVENTS AND WORKSHOPS FOLLOW US ON IG AND REGISTER IN OUR LINKTREE. @TIERRASANTAFAENA

TIERRA SANTA WELLNESS COLLABORATORS

AGUSTINA CAMINOS

The Wellness Director for Faena Group and Spa Director at Faena Miami Beach, Agustina is a Pranic Healing instructor, therapist and spiritual guide, as well as a professor of yoga and alternative medicine practitioner. A graduate of the Institute of Inner Studies in the Philippines, she comes from a family of yogis and has absorbed knowledge of different modalities and healing approaches since childhood.

CARLOS GOMEZ

Carlos has been studying holistic medicine, as well as preserving and teaching the indigenous curative methods of Latin America, for over 30 years. In addition to providing guidance on products and ingredients used in Tierra Santa, Carlos helped create the spa's unique healing therapies and pre-treatment cleansing rituals that use sound, vibration and palo santo incense to purify the mind, body and soul.

JARED BISTRONG

A pioneer in the field of Sound Healing, is the founder and director of the Miami Sound Institute & The South Beach Sound Healing Orchestra. He facilitates small and large scale Sound Experiences as part of the Spa and Hotel programming. Jared regularly provides staff and guest trainings and special event sound curation. His Sound Orchestra's signature Full Moon Beach Sound Healing event can be experienced monthly.

MIAMI LIFE CENTER

The prestigious Miami Life Center practices the ancient tradition of Ashtanga Yoga as it has been taught in India for centuries. Tim Feldmann and Kino MacGregor's humorous, straightforward yet profound teaching style makes them cherished professors whose global following has led them to travel extensively throughout Asia, Australia, Europe and the Americas sharing their practice.

DANIELA GOZLAN

Is an exclusive Miami-based makeup artist and groomer. Her understanding of bone structure, shadow, and light allows her to draw out beauty effortlessly - from fresh, natural, and glowy to glamorous and dramatic. Daniela runs a team of experts that enhances your natural beauty for each occasion.

MYK LIKHOV

Is the founder of Modern ÕM, Miami's foremost resource for Spiritual Wellness. He has been a wellness advocate, entrepreneur, and investor since 2007, when he created Green Monkey yoga directly out of Wharton's MBA program. He has since been recognized as a key leader in Miami's spiritual community by numerous media outlets, such as the Miami Herald, LA Yoga Magazine, MindBodyGreen, Well & Good, and more.

KEVIN MILLS

A board-certified specialist in orthopedics (OCS), Dr. Mills graduated with honors from University of Miami's Doctor of Physical Therapy Program. He serves as a faculty member at UM's Orthopedic Physical Therapy Residency Program that specializes in primary care, manual therapy, advanced sport rehabilitation, and the treatment of chronic pain. Dr. Mills is a partner at USA Sports Therapy, practicing at Faena and Fisher Island. He is certified in many advanced physical therapy and manual therapy techniques, and is a certified strength and conditioning specialist.

DR SWIFT

Dr. Swift is a board-certified plastic surgeon renowned for his contributions to the field of aesthetic medicine. With over three decades of experience, he has trained more than 30,000 aesthetic providers in 58 countries, earning a reputation as a pioneer and leading educator in the field. A frequent author and reviewer of articles in aesthetic journals, Dr. Swift has published on facial anatomy, facial beauty, non-surgical techniques, and complication avoidance & management. Dr. Swift is presently in private practice in Montreal and maintains an active academic position with the Plastic Surgery Divisions of both McGill University and the University of Montreal. He also serves on the global advisory board for many of the world's top cosmetic pharmaceutical companies.

JARRED MAIT

Dr. Jarred Mait is a holistic physician licensed in general medicine with degrees from the University of Miami and Washington University in St. Louis. He's dedicated his life to serving others as a Medical Doctor and transformed the way in which people view their health and wellness. In 2015, Dr. Mait blended his nine years of medical training, yoga, nutrition, functional medicine, and life experiences to create a new blend of medicine available through his private practice, Pulse & Remedy, which provides patients with general medical services in addition to holistic and alternative treatments.

SOOTH

HOW TO SPA AT TIERRA SANTA

OPENING HOURS
Spa Hours: 9:00am-9:00pm
Fitness Studio Hours: 6:00am-9:00pm

ARRIVAL TIME
You are encouraged to arrive 60 minutes prior to your appointment in order to change, relax and enjoy the spa facilities. Please be advised that late arrivals will result in the reduction of treatment time. We invite hotel guests to arrive wearing the robe and slippers provided in their hotel rooms. Valuables should be left in the in-room safe.

WET SPA
Faena Miami Beach guests are welcome to use the Wet Spa complimentary with a prior reservation. Use of the Wet Spa is subject to availability. We encourage you to come ready to relax leaving your technology behind and in your bathing suit, slippers, and robe. Bathing suits are required as this area is co-ed.

SCHEDULING AN APPOINTMENT
To schedule a spa treatment, please contact our specialists at Spa Reception who will assist you in choosing a therapy suitable to your needs. Hotel guests can dial 4370 on the in-room telephone or scroll to the Spa button on the in-room iPad. For external guests, bookings can be made online or call + 1 786 655 5570. For Rossano Ferretti please dial 4385 on the in-room telephone, from outside the hotel +1 786-655-5585. We recommend advanced booking. Treatments of 90 minutes and longer enjoys access to lounge chairs at Faena's beach club, one chair per Tierra Santa guest.

SPA ETIQUETTE
Our spa environment is one of relaxation and tranquility. Please respect a guest's right to privacy and serenity. In light of this, Tierra Santa is a mobile phone- and smoke-free zone. The spa provides towels, slippers, shower caps and other amenities for use during your visit. Minors can enjoy select spa services accompanied by an adult. Inquire for more information at the Spa Reception.

HEALTH CONDITIONS
When making your spa reservation, kindly advise us of any health conditions, allergies or injuries that could affect your service.

CANCELLATION POLICY
A 100% cancellation fee will be incurred for any no-show treatment, and a 50% charge will be applied for any treatment not cancelled at least 24 hours prior to the appointment.

PRICES
All prices are subject to sales tax and an automatic 20% service charge. Prices are subject to change without prior notice.

THIRD PARTY SERVICE PROVIDERS
Certain services within this spa brochure are performed and provided by third parties. These service providers and all of their employees are considered independent contractors, not employed by, or in any joint venture with, Faena Hotels & Residences, LLC, Faena Hotel Miami Beach or the Tierra Santa Healing House Spa. The availability of the Services does not constitute an endorsement or recommendation of the Provider and/or Services, nor is it a warranty or guarantee as to any Service to be provided by the Provider or its employees.

THE BIGGEST ART IS TO HEAL