

TIERRA SANTA  
FAENA

FAENA NEW YORK

“AN OASIS OF HOLISTIC  
THERAPIES FOR THE SPIRIT,  
MIND, AND BODY, TIERRA  
SANTA HEALING HOUSE BLENDS  
ANCIENT HEALING RITUALS  
FROM AROUND THE WORLD TO  
AWAKEN CONSCIOUSNESS AND  
RESTORE WELLBEING.”

– ALAN FAENA

Regarded as the spiritual heart of Faena New York, Tierra Santa Healing House is a holistic sanctuary dedicated to the art of living well.

Taking its name from Alan Faena’s idyllic Punta del Este estate, meaning “holy ground,” Tierra Santa offers a sacred refuge devoted to restoration, contemplation, and transformation. Nestled within the vibrant energy of West Chelsea, every detail has been thoughtfully designed to invite stillness, presence, and renewal.

The Tierra Santa journey cultivates transformative healing by blending indigenous botanicals, energetic practices, sound, ritual, and state-of-the-art wellness therapies with an immersive thermal sanctuary featuring a jasmine-infused Hammam, hot and cold hydrotherapy experiences, saunas, thermal pools, and a menu of South American healing rituals inspired by ancestral wisdom. Our team of experts, skilled in both modern and holistic healing modalities, guides each guest on a personalized journey designed to restore balance, awaken vitality, and elevate the spirit.

# 1

## A JOURNEY THROUGH OUR HEALING HOUSE

Step into a space filled with vibrant color, soothing scents, and a stillness that penetrates the depths of your being. Soft-spoken guides usher you through each phase of your healing journey with freshly-brewed Tierra Santa tea and the cleansing aroma of Palo Santo. Our immersive thermal sanctuary is a temple of water, heat, and restoration, designed to relax the body, quiet the mind, and awaken a profound sense of balance and inner peace, preparing you for a range of transformative rituals and therapies.



# THE THERMAL SANCTUARY

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BEFORE YOUR TREATMENT, IMMERSE YOURSELF IN THE THERMAL SANCTUARY

At Tierra Santa Healing House, healing begins before the treatment itself. Inspired by the transformative power of water, heat, steam, and ritual, our Thermal Sanctuary invites you to slow down, reconnect, and prepare body, mind, and spirit for the journey ahead.

Move intuitively through a collection of immersive wellness experiences designed to awaken the senses and restore balance.

From fragrant steam and therapeutic warmth to invigorating cold immersion and moments of deep stillness, each space offers a unique sensory experience inspired by the healing traditions of Tierra Santa.

## HAMMAM

Step into a centuries-old ritual of purification and renewal. Surrounded by jasmine-infused steam and enveloping warmth, the Hammam softens the body, opens the senses, and invites deep surrender. Inspired by ancient bathing traditions, this immersive experience prepares you for profound relaxation and restoration.

## STEAM ROOM

Breathe deeply as warm eucalyptus-infused steam surrounds you. The aromatic vapors help create a feeling of openness and ease, while the gentle heat encourages relaxation and a deep sense of calm.

## HOT THERMAL POOL

Immerse yourself in soothing warmth as therapeutic water and gentle hydrotherapy jets melt away tension. A sanctuary for relaxation, the thermal pool encourages stillness, comfort, and effortless release.

## SALTWATER POOL

Float, swim, or simply pause. Gentle mineral-rich waters create a calming environment where movement becomes meditation, and the rhythm of the day begins to fade away.

## DRY SAUNA

Surrounded by comforting warmth and the uplifting aroma of wild orange essential oil, this traditional heat experience encourages deep relaxation and renewal. As the body softens and the mind quiets, a profound sense of grounding emerges.

## COLD PLUNGE

An invigorating immersion designed to awaken the senses and revitalize the body. The refreshing contrast of cold water leaves you feeling energized, present, and renewed.

## INFRARED SAUNA

Gentle infrared heat penetrates deeply to create a soothing and restorative experience. Relax into a state of comfort as the body unwinds, recovers, and recharges from within.

## ITEPIDARIUM RELAXATION LOUNGE

Settle into a moment of sacred stillness. Inspired by the original Tierra Santa experience, this calming space invites you to recline, sip herbal tea, and allow the benefits of the thermal journey to integrate before continuing your day.



## THE RELAXATION ROOM

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### TAP INTO SACRED STILLNESS

Every journey at Tierra Santa Healing House begins and ends in a space devoted to stillness.

Designed as a sanctuary for integration and renewal, the Relaxation Room invites you to slow down, settle into the present moment, and prepare for the ritual ahead. Soft lighting, gentle music, herbal infusions, nourishing bites, and the subtle scent of Palo Santo create an atmosphere of comfort and calm.

Whether arriving or departing, this is a place to pause, breathe deeply, and honor the experience of healing. As the body relaxes and the mind becomes quiet, a deeper sense of balance, clarity, and purpose begins to emerge.

## 2

# THE RITUALS OF TIERRA SANTA

A journey into the essence of Tierra Santa Healing House, where ritual, touch, and intention come together to awaken the senses and restore balance. Rooted in South American healing traditions, each experience unfolds intuitively, guided by the needs of the body and the rhythm of the moment. Through the interplay of aromatic botanicals, therapeutic techniques, and grounding rituals, the body softens, the mind quiets, and energy begins to realign.

## ÁGUILA - DEEP TISSUE MASSAGE

60 | 90 min – Body

State of Being: HEAL, Andean Renewal

Inspired by the strength and freedom of the Andean eagle, this restorative ritual is designed for those seeking profound release, renewed movement, and a return to inner strength.

Your journey begins with intention and the grounding warmth of Heated Sea Salt Pillows, preparing the body and mind for deeper restoration. Expert deep tissue techniques combine slow, intentional pressure with heated Wooden Therapy inspired by traditional South American bodywork.

Working deeply into areas of accumulated tension, this rhythmic and sculptural treatment releases restriction, restores mobility, and awakens vitality throughout the body. As the ritual unfolds, muscular resistance softens, breath deepens, and the body begins to let go of what it no longer needs to carry.

*Heat · Depth · Renewal*

*A ritual of Andean restoration where tension dissolves, movement returns, and inner strength takes flight.*

## MADERA DEL SUR - BODY SCULPT RITUAL

90 min – Body + Face

State of Being: ENERGIZE, Vitality & Abundance

Inspired by the transformative body rituals of Colombia, Madera del Sur invites you on a journey of renewal, vitality, and radiant self-expression.

Your experience begins with intention, allowing you to connect with how you wish to feel and embody yourself. Rhythmic lymphatic movements encourage flow and lightness, preparing the body for traditional Madera Therapy techniques performed with handcrafted wooden tools.

Working in harmony with the body's natural contours, these sculpting movements awaken circulation, release fluid retention, and restore a feeling of energy and vitality.

The ritual concludes with a lifting facial massage designed to release tension, enhance definition, and illuminate the complexion, leaving you feeling renewed from head to toe.

*Awaken · Sculpt · Radiate*

*A ritual of vitality and abundance that restores flow, awakens confidence, and reveals your most luminous self.*

## CALMA - THE DOWNTIME RITUAL

60 | 90 min – Body

State of Being: CALM, Serenity & Inner Peace

You are invited to slow down, breathe deeply, and surrender into a state of profound stillness.

Performed on a gently heated water mattress that mirrors the fluid rhythm of the ocean, this immersive ritual is designed to soothe the nervous system and restore inner balance. Your journey begins with an intention and the calming aroma of Sage & Eucalyptus, inviting the mind to quiet and the body to soften.

Flowing massage movements and warm aromatic oils glide across the body like gentle waves, while nurturing touch to the feet, scalp, and face encourages complete relaxation. Sound healing vibrations and tuning forks are woven throughout the experience, helping to restore harmony and guide you into a deeper state of calm.

As the ritual unfolds, tension dissolves, breath deepens, and a profound sense of ease begins to emerge.

*Stillness · Flow · Surrender*

*An invitation to surrender, where the body unwinds, the mind becomes quiet, and the spirit returns to peace.*

## ÁBRETE CORAZÓN - HEART OPENING CACAO RITUAL

60 | 90 min – Body

State of Being: LOVE, Connection & Inner Peace

You are invited to embark on a heart-opening journey inspired by the ancestral healing traditions of South America.

Your experience begins with a ceremonial cacao elixir, awakening warmth within and inviting you into a state of presence and connection. The gentle resonance of drums, chimes, shakers, and singing bowls helps release stagnant energy while preparing the body for deep restoration.

Warm cacao and vanilla botanicals are applied through flowing, rhythmic massage movements that soothe the nervous system, melt muscular tension, and nurture the heart. Sound healing vibrations and mindful touch work together to restore harmony, inviting a profound sense of peace and expansion.

As the ritual unfolds, the body softens, the breath deepens, and the heart opens to receive.

*Open · Connect · Receive*

*A journey of love and renewal that restores emotional balance, awakens inner peace, and elevates the spirit.*

# 3

## RESTORATIVE BODYWORK

Restore balance through the healing power of intentional touch.

Inspired by the wisdom of South American healing traditions, these restorative rituals are designed to release tension, calm the nervous system, and support the body's natural capacity to heal. Each experience unfolds as a journey, combining therapeutic techniques, aromatic botanicals, sound, and mindful touch to nurture body, mind, and spirit.

Whether you seek deep recovery, profound relaxation, renewed vitality, or emotional restoration, every ritual is thoughtfully tailored to meet you where you are and guide you toward a greater sense of balance, wellbeing, and connection.



## PAUSA – MAGNESIUM MASSAGE

60 | 90 minutes

State of Being: RESTORE, Balance & Ease

You are invited to release the weight of the day and return to a state of effortless ease.

This deeply restorative ritual combines magnesium-rich oils and mineral salts with flowing massage techniques designed to soothe tired muscles, calm the nervous system, and restore balance throughout the body. As therapeutic touch encourages tension to melt away, the mind becomes quieter and the body begins to feel lighter, softer, and more supported.

Rich botanical oils nourish the skin while magnesium works to encourage relaxation, helping you emerge feeling restored, grounded, and renewed.

*Release · Restore · Rebalance*

*A journey of deep relaxation that restores harmony, relieves fatigue, and reconnects you with a sense of ease and lightness.*

## RENACER – THERAPEUTIC RECOVERY MASSAGE

60 | 90 minutes

State of Being: RECOVER, Strength & Resilience

Created for active bodies and demanding lifestyles, this restorative ritual is designed to replenish, recover, and renew.

Targeted therapeutic techniques work deeply into areas of accumulated tension while organic CBD, passionflower, and warming botanical remedies of clove, cinnamon, cayenne, and arnica help soothe tired muscles and encourage recovery. As the body releases fatigue and stress begins to dissolve, a renewed sense of vitality starts to emerge.

The ritual concludes with deeply nourishing care for the hands and feet, leaving the entire body feeling supported, restored, and ready for what lies ahead.

*Recover · Restore · Strengthen*

*A restorative transformation that eases tension, supports recovery, and awakens renewed strength from within.*

## FUEGO INTERIOR – CANDLE MASSAGE

60 | 90 minutes

State of Being: NOURISH, Comfort & Surrender

You are invited to surrender into a ritual of warmth, comfort, and deep restoration.

As the candle melts, precious botanical oils are transformed into a silky elixir that is gently poured onto the skin, enveloping the body in soothing warmth. Flowing massage movements encourage muscular tension to soften while the senses settle into a state of calm presence.

As warmth penetrates deeply and the mind begins to quiet, the body is nourished, the spirit soothed, and a profound sense of surrender begins to unfold.

*Warmth · Nourish · Surrender*

*A journey of comfort and clarity where warmth becomes medicine and stillness restores the soul.*

## MADRE TIERRA – PRENATAL MASSAGE

90 minutes

State of Being: NURTURE, Connection & Support

Created to honor the sacred journey of motherhood, Madre Tierra invites you into a space of comfort, rest, and gentle renewal. Using warm virgin coconut oil, revered throughout South America as the Oil of Life, this nurturing ritual helps ease physical tension, support circulation, and encourage deep relaxation. Thoughtfully adapted to each stage of pregnancy, every movement is designed to support the changing body while creating a moment of calm presence for both mother and child.

As the body softens and the mind settles, a deeper sense of connection, trust, and oneness begins to emerge.

*Comfort · Support · Nurture*

*A ritual that honors the beauty of motherhood while nurturing both mother and child.*

*\*Available after the first trimester*

## Prenatal Enhancements

- Warm Stone Back Relief - Comforting warmth is gently applied to the back to ease muscular tension, restore comfort, and support deep relaxation.
- Floating Relief - A soothing treatment for tired legs and feet designed to reduce feelings of heaviness, encourage circulation, and restore a sense of lightness and ease

## ENHANCEMENTS

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Thoughtfully curated additions designed to deepen your experience, enhance results, and personalize your healing journey.

### GUARANÁ AWAKENING SCALP RITUAL (15 min)

A revitalizing scalp massage inspired by the energizing properties of South American Guaraná. Relieves tension, stimulates circulation, and restores a sense of clarity and balance.

*Awaken · Restore · Renew*

### GOLD SUGAR BODY POLISH (20 min)

A luxurious full-body exfoliation that gently buffs away dullness while nourishing the skin with golden botanical oils. Skin is left silky smooth, radiant, and renewed.

*Polish · Smooth · Illuminate*

### HOT STONE ENHANCEMENT

Comforting warmth penetrates deeply into areas of tension, encouraging muscular release, relaxation, and a profound sense of wellbeing.

*Warm · Relax · Release*

### SAGE & EUCALYPTUS BODY POLISH (20 min)

Inspired by Tierra Santa's cleansing rituals, this aromatic exfoliation combines mineral-rich salts with sage and eucalyptus to refresh the skin, awaken the senses, and restore energetic balance.

*Purify · Refresh · Restore*

### DRY BRUSH RITUAL (10 min)

A stimulating ritual that encourages circulation, supports lymphatic flow, and gently exfoliates the skin, leaving the body feeling energized, smooth, and revitalized.

*Stimulate · Detoxify · Revitalize*

## SOUND HEALING INTEGRATION

(15 min)

The soothing vibrations of singing bowls, chimes, and therapeutic sound are woven into your treatment to encourage relaxation, quiet the mind, and restore harmony throughout the body.

*Balance · Harmonize · Align*

## SHARED RITUALS

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Journeys created for two, where ritual, presence, and intentional touch deepen connection and create space for meaningful moments of togetherness.

Inspired by the healing traditions of South America, these shared experiences invite you to slow down, reconnect, and celebrate the beauty of being present with one another. Through the interplay of touch, breath, botanicals, cacao, and ritual, each journey unfolds as an opportunity to nurture connection, awaken the senses, and create lasting memories.

### RITUAL DEL AMOR

*120 minutes*

State of Being: LOVE, Connection & Romance

A celebration of love, intimacy, and heartfelt connection.

Your journey begins with a private rose petal soak and a ceremonial cacao elixir shared together, inviting warmth, openness, and intention into the experience. A nourishing cacao and vanilla body polish follows, gently exfoliating the skin while awakening the senses through its rich aroma and velvety touch.

The ritual continues with a synchronized full-body massage using warm cacao-infused botanical mousse, where flowing movements encourage surrender, presence, and deep relaxation. As tension melts away, connection deepens, creating space for affection, romance, and meaningful moments of togetherness.

As the experience comes to completion, the heart feels open, the body nourished, and the spirit renewed.

*Love · Connect · Renew*

*A romantic ritual that awakens the senses, opens the heart, and celebrates the beauty of love.*

### ALMAS GEMELAS - DUAL HEALING EXPERIENCE

*60 | 90 minutes*

State of Being: HARMONIZE, Balance & Connection

Inspired by the belief that healing is deepened when shared, Almas Gemelas invites you into moments of harmony, presence, and renewal. Your experience begins with a jasmine tea ritual, allowing both guests to arrive fully in the moment. Celebrated for centuries for its intoxicating fragrance and naturally aphrodisiac qualities, jasmine has long been associated with love, sensuality, connection, and emotional openness. Its delicate aroma awakens the senses while creating a space for deeper presence and shared connection.

Side by side, synchronized massage movements flow in unison, creating a sense of balance within and between. Warm jasmine-infused oils nourish the skin while intentional touch, gentle breath awareness, and subtle sound healing vibrations encourage relaxation and energetic harmony. As the ritual unfolds, the mind becomes quiet, the body softens, and a deeper sense of connection naturally emerges.

*Harmonize · Restore · Rejuvenate*

*A shared connection of balance and awareness, where touch, scent, and sound come together to create a profound sense of harmony and presence.*

## ADVANCED BODY THERAPIES

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Where results-driven innovation meets the art of ritual.

These transformative treatments combine advanced body care technologies, targeted techniques, and high-performance formulations to visibly refine, sculpt, and revitalize the body. Designed to deliver both immediate results and lasting benefits, each experience supports renewed confidence, vitality, and radiance.

### BLACK DIAMOND BODY SCULPT

*60 minutes*

State of Being: REFINE, Radiance & Renewal

Inspired by the brilliance of transformation, this advanced body ritual combines cutting-edge body care with the restorative power of touch.

Your journey begins with a Sage & Eucalyptus body polish, designed to gently exfoliate, awaken the senses, and prepare the skin for optimal absorption. Sculpting massage techniques and potent active ingredients are then applied to help smooth, firm, and visibly revitalize the skin while encouraging circulation and renewal.

As the ritual unfolds, the body feels lighter, the skin appears more luminous, and a renewed sense of confidence begins to emerge.

*Firm · Smooth · Revitalize*

*A transformative treatment that refines the silhouette, restores radiance, and reveals beautifully renewed skin.*

### BODY STRATEGIST COLLAGEN BODY TREATMENT

*60 | 90 minutes*

State of Being: REJUVENATE, Firmness & Longevity

Designed to support the skin's natural resilience, this restorative body ritual harnesses the power of collagen to improve firmness, elasticity, and overall vitality.

Advanced collagen-rich formulations are applied through targeted massage techniques that encourage absorption, oxygenation, and cellular renewal. As collagen works to support the skin's structure and restore suppleness, the body is invited into a state of deep wellbeing and regeneration.

The experience leaves the skin feeling smoother, firmer, and visibly revitalized, while the body enjoys a profound sense of lightness, energy, and renewal.

*Tone · Firm · Renew*

*A path to longevity and rejuvenation that restores vitality and reveals stronger, more radiant skin.*

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## ADVANCED FACIAL RITUALS

Reveal your skin's natural radiance through a collection of transformative facial experiences that unite advanced skincare science with the healing philosophy of Tierra Santa.

From botanical renewal and energetic restoration to cutting-edge anti-aging therapies, each ritual is thoughtfully designed to support your skin's unique needs while nurturing a deeper sense of balance. Combining innovative technologies, potent active ingredients, and intentional touch, these experiences work to restore balance, vitality, resilience, and luminosity, revealing skin that looks healthier, stronger, and beautifully renewed.



## GREEN PEEL® TREATMENTS

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A transformative herbal skin renewal ritual developed by Dr. med. Christine Schrammek. Using a curated blend of natural herbs rich in enzymes, minerals, and vitamins, this renowned treatment works in harmony with the skin's natural intelligence to stimulate circulation, enhance oxygenation, and support visible regeneration.

This non-invasive, acid-free approach addresses concerns including hyperpigmentation, acne, sun damage, uneven texture, and signs of premature aging, revealing a complexion that appears clearer, smoother, and beautifully renewed.

### ENERGY

60 minutes

A revitalizing treatment that awakens tired, stressed skin by stimulating circulation and enhancing oxygenation, restoring luminosity and vitality without visible peeling.

*Revive · Energize · Illuminate*

### FRESHEN UP

60 minutes

A gentle skin-boosting ritual designed to restore glow, hydration, and clarity while revealing an instantly refreshed complexion with no downtime.

*Refresh · Glow · Illuminate*

## SKIN ALCHEMY

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Advanced facial treatments designed to transform, restore, and elevate the skin through a balance of clinical innovation and intentional touch.

*New to Tierra Santa? Begin with the Ultimate Rejuvenation Facial, a fully customized experience tailored to your skin's needs.*

### ULTIMATE REJUVENATION FACIAL SIGNATURE TREATMENT

60 | 90 minutes

State of Being: RENEW, Vitality & Radiance

A bespoke facial created exclusively for Tierra Santa Healing House and tailored to your skin's evolving needs.

Powered by advanced 111SKIN formulations and personalized techniques, this transformative experience combines clinical innovation with restorative touch to enhance tone, texture, hydration, and definition. Every element is thoughtfully selected to reveal a complexion that appears smoother, brighter, and visibly renewed. Whether your skin seeks hydration, firmness, luminosity, or recovery, this fully customized ritual adapts to meet you where you are.

*Renew · Sculpt · Restore*

*A personalized journey designed to reveal your skin at its healthiest, most radiant expression.*

### ENERGETIC RENEWAL FACIAL

90 minutes

State of Being: ALIGN, Balance & Vitality

A transformative facial where ancient wisdom and modern innovation converge.

Inspired by the flow of Qi—the body's vital life force—and grounded in the healing intelligence of the earth, this restorative ritual works along the skin's energetic pathways to encourage balance, circulation, and renewal.

Gold-infused microcurrents and rhythmic massage techniques help lift, tone, and revitalize the complexion while restoring harmony to both skin and spirit. As energy begins to flow more freely, the skin appears brighter, firmer, and visibly illuminated from within.

*Lift · Restore · Illuminate*

*A journey of energetic renewal that restores harmony, awakens vitality, and reveals luminous skin.*

## CELESTIAL BLACK DIAMOND FACIAL

90 minutes

State of Being: ELEVATE, Radiance & Transformation

An elevated anti-aging ritual featuring the exceptional performance of 111SKIN's Black Diamond collection.

Infused with potent active ingredients and enhanced by sculpting massage techniques, this luxurious experience is designed to visibly lift, firm, and illuminate the complexion while restoring a youthful sense of vitality.

As the ritual unfolds, the skin appears refined, radiant, and renewed, revealing a complexion that glows with exceptional clarity and luminosity.

*Lift · Firm · Illuminate*

*A transformative journey that elevates the complexion and reveals extraordinary radiance.*

## EXOSOME FACIAL

90 minutes

State of Being: REGENERATE, Cellular Renewal & Vitality

Inspired by the purity and regenerative power of nature, this next-generation facial combines advanced exosome technology with 111SKIN's clinically driven formulations to support deep skin renewal.

Designed to encourage regeneration at a cellular level, this transformative treatment helps improve elasticity, refine texture, and restore vitality while supporting the skin's natural repair processes. As renewal unfolds from within, the complexion appears smoother, firmer, and visibly revitalized.

*Regenerate · Tighten · Transform*

*A treatment of advanced regeneration that restores vitality and reveals healthier, more resilient skin.*

## REPARATIVE FACIAL

60 minutes

State of Being: RESTORE, Comfort & Resilience

Created for stressed, sensitized, or depleted skin, this deeply restorative facial replenishes essential hydration while helping to strengthen and rebalance the skin barrier.

Powered by 111SKIN's reparative formulations and nurturing touch, the treatment calms visible signs of stress, restores comfort, and leaves the complexion feeling soothed, resilient, and beautifully refreshed.

*Hydrate · Repair · Protect*

*A restorative facial that comforts the skin, strengthens resilience, and restores a healthy luminous glow.*

## ACID GLOW FACIAL

60 minutes

State of Being: ILLUMINATE, Clarity & Radiance

Reveal a brighter, smoother complexion through this refining facial powered by Omorovicza's mineral-rich formulations.

Combining controlled exfoliation with nutrient-dense ingredients, the treatment gently resurfaces the skin, enhances clarity, and restores luminosity. As dullness fades and texture becomes more refined, the complexion emerges radiant, polished, and glowing with renewed vitality.

*Refine · Smooth · Glow*

*A journey of renewal that reveals luminous, glass-like skin and lasting radiance.*

## LONGEVITY RADIANCE FACIAL

60 | 90 minutes

State of Being: LONGEVITY, Protection & Renewal

Designed for modern skin exposed to environmental stress, pollution, and the visible effects of aging, this advanced facial restores vitality while supporting long-term skin health. Potent antioxidant-rich Vitamin C, AHA's, hyaluronic acid, and longevity-focused active ingredients work in harmony to brighten, smooth, and strengthen the complexion at a cellular level. The result is skin that appears plumper, more luminous, and visibly renewed.

*Protect · Restore · Glow*

*A restorative treatment that supports healthy skin longevity while revealing renewed radiance and resilience.*

## VITALITY OF THE GLACIERS

60 | 90 minutes

State of Being: REVIVE, Energy & Radiance

Inspired by the purity and energy of glacial waters, this revitalizing Valmont facial awakens the complexion through advanced formulations and expert techniques.

Designed to stimulate circulation and oxygenation, the treatment restores vitality while encouraging a fresh, luminous appearance. The skin emerges energized, refreshed, and glowing with renewed life.

*Energize · Revive · Brighten*

*A revitalizing journey that awakens the skin and restores natural radiance.*

## LONGEVITY FACIAL FOR MEN SKIN REGIMEN/LX

60 | 90 minutes

State of Being: STRENGTHEN, Resilience & Performance

Designed for the demands of modern life, this high-performance facial combines next-generation longevity science with concentrated Vitamin C and targeted active ingredients to restore and strengthen the skin.

Working at a cellular level, the treatment helps defend against environmental stressors, detoxify impurities, stimulate collagen production, and reinforce the skin barrier. The complexion appears revitalized, hydrated, and visibly renewed while maintaining a healthy, energized appearance.

*Detox · Restore · Radiate*

*A results-driven journey that strengthens, revitalizes, and supports long-term skin health.*

## SKIN ENHANCEMENTS

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Personalize your facial journey with targeted enhancements designed to elevate results, amplify radiance, and support your skin's unique needs. Each addition is seamlessly integrated into your treatment, creating a more customized and transformative experience.

## ADVANCED ENHANCEMENTS

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### LED THERAPY (15 MIN)

A restorative light therapy designed to stimulate collagen production, calm inflammation, and support a clearer, more balanced complexion.

*Illuminate · Restore · Renew*

### NEUROTROIS MICROCURRENT LIFT (20 MIN)

An advanced sculpting enhancement that lifts, tones, and re-educates facial muscles to reveal a more defined and youthful appearance.

*Lift · Tone · Define*

### MICROCURRENT SCULPTING

A gentle low-level current helps firm, revitalize, and improve elasticity while enhancing the skin's natural contours.

*Firm · Sculpt · Revitalize*

### HYDRODERMABRASION

A multi-step resurfacing treatment that deeply cleanses, exfoliates, and infuses hydration for instantly refreshed and luminous skin.

*Cleanse · Hydrate · Glow*

### MICRODERMABRASION

A precise exfoliation technique that smooths texture, refines pores, and encourages healthy cellular renewal.

*Refine · Smooth · Renew*

### DERMAPLANING (20 MIN)

A gentle resurfacing treatment that removes dead skin cells and fine facial hair, revealing a softer, brighter, and more radiant complexion.

*Reveal · Brighten · Smooth*

## VALMONT COLLAGEN ENHANCEMENTS

- Eye Collagen Mask - A targeted collagen treatment designed to hydrate, smooth, and revitalize the delicate eye area.
- Face Collagen Mask - An intensive collagen infusion that replenishes moisture, improves elasticity, and restores youthful radiance.
- Neck and Décolleté Collagen Mask - A restorative treatment that helps firm, smooth, and nourish the often-overlooked neck and décolleté.

### OXYGENATING EXFOLIATION

An invigorating treatment that gently resurfaces the skin while stimulating circulation and enhancing natural radiance.

*Energize · Refine · Brighten*

### OXYGEN INFUSION

A concentrated infusion of oxygen and active serums that deeply hydrates, plumps, and restores a healthy luminous glow.

*Hydrate · Plump · Illuminate*

### LIP RENEWAL

A nourishing enhancement that smooths, hydrates, and restores softness and fullness to the lips.

*Smooth · Nourish · Restore*

### GUA SHA SCULPTING RITUAL (20 MIN)

An ancient stone massage ritual that releases tension, stimulates circulation, and encourages lymphatic flow for a naturally sculpted appearance.

*Lift · Sculpt · Flow*

### HAND RENEWAL

A restorative treatment that softens, hydrates, and revitalizes the hands, restoring comfort and youthful-looking skin.

*Nourish · Renew · Protect*

# HOW TO SPA AT TIERRA SANTA

## OPENING HOURS

9:00am-9:00pm (daily)

Fitness Center and Movement Studio (Available for registered hotel guests only)

Hours: 6:00am-9:00pm

## SPA RESERVATIONS

We recommend reserving your treatments in advance to ensure your preferred date and time are available.

Our Spa Reception team is delighted to assist in curating a personalized wellness journey tailored to your individual needs and intentions.

Hotel guests may dial 5070 from their in-room telephone or select the Spa icon on their in-room iPad. Guests visiting from outside the hotel are welcome to reserve online or contact Tierra Santa Healing House directly at +1 (332) 286-0170.

A valid credit card is required to secure all reservations.

## ARRIVAL & THERMAL SANCTUARY

Your journey begins before your treatment.

We invite you to arrive 60 minutes prior to your scheduled appointment to allow time to check in, unwind, and enjoy the Thermal Sanctuary before your service.

Move through the Hammam, thermal pools, saunas, hydrotherapy experiences, and relaxation spaces at your own pace, allowing the body and mind to transition into a state of restoration and presence.

Hotel guests are welcome to arrive in the robe and slippers provided in their guest room. For your comfort and peace of mind, we recommend leaving valuables secured in your in-room safe. Please note that late arrivals may result in a shortened treatment time.

## HEALTH & WELLBEING

Your comfort, safety, and wellbeing are our highest priority.

We kindly ask guests to inform our team of any pregnancy, medical conditions, injuries, sensitivities, or allergies when reserving treatments or enjoying the spa facilities. To ensure a personalized experience, all guests are asked to complete a confidential wellness questionnaire prior to arrival. A link will be included within your spa confirmation.

## SPA ETIQUETTE

Tierra Santa Healing House is a sanctuary devoted to restoration, presence, and tranquility. To preserve this peaceful environment, we kindly ask guests to respect the privacy and relaxation of others throughout their visit. The spa is a smoke-free and device-free environment. Mobile phones, photography, and video recording are not permitted within the facilities.

Upon arrival, guests will be provided with a personal locker, luxurious robe, slippers, towels, and spa amenities for use during their visit. Guests must be 18 years of age or older to access spa facilities and treatments.

## THERMAL SANCTUARY ACCESS

Faena New York hotel guests are invited to enjoy complimentary access to the Thermal Sanctuary with a prior reservation. Access is subject to availability to ensure a serene and elevated experience for all guests.

Guests receiving spa treatments also enjoy access to the Thermal Sanctuary as part of their wellness journey.

As the Thermal Sanctuary is a shared co-ed environment, bathing suits are required at all times. We encourage guests to leave technology behind and fully immerse themselves in the restorative experience.

## CANCELLATION POLICY

Should you need to cancel or reschedule your appointment, we kindly request a minimum of 24 hours' notice.

Appointments cancelled with less than 24 hours' notice will be charged the full value of the reserved service.

Rescheduled appointments remain subject to availability.

## PRICING & GRATUITY

All prices are listed in U.S. Dollars and are exclusive of applicable New York State and New York City taxes.

For your convenience, a recommended 20% service charge will be added to each treatment and distributed directly to your therapist as gratuity.

*Please note that weekend pricing may vary on Fridays, Saturdays, and Sundays.*



To heal is to remember.

To remember the wisdom of the body.

The stillness of the mind.

The intelligence of the heart.

The vitality of the spirit.

May your time at Tierra Santa Healing  
House inspire a deeper connection to  
yourself, to others, and to the sacred art  
of living well.

The biggest art is to heal.



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