CENTURION

SCULPTING OIL | OUT IN AFRICA
LABORATORY LUXE | NATURAL WONDERS
MALDIVIAN SHOWSTOPPER | EXTREME HOROLOGY

Plus: Algae's Bloom, Seasonal Essentials and Dining in Toronto
Amberlina Finolhu (Three Coconut Island), which, wonderfully, you can only reach by speedboat. With its huge, sparkling, turquoise lagoon, overwater villas, infinity pool and guided diving trips, it’s possible to spend a day here as the sun rises and falls with your feet never leaving either the sand or the water. As the sun dips behind the ocean, take in an outdoor yoga session or retreat to a private sundek to soak up the vista of that blissful lagoon with a preprandial in hand.

ROCKY MOUNTAIN HIGH

5. Vail

The winter sport destination may be even more appealing in the Colorado August sun: the hiking, mountain biking and river rafting are unsurpassed in the Rocky Mountains, and why not try yoga on a paddleboard in the middle of a mountain-ringed lake? The dining scene is burgeoning, and the craft beer is rival any in America.

AMERICAN DREAMING

6. Florida

Though, with four pools, a championship quality golf course and tennis courts. Still farther south, the Faena Miami Beach (faena.com/miami-beach) has its own sun-drenched charm of a beguilingly modern kind. Minutes from the nocturnal hub of South Beach, outdoor life here is utterly unique, all the way down to the woolly mammoth skeleton dipped in gold by the pool. Crossing town to the chi-chi Coral Gables neighbourhood and oozing Old World showbiz glamour, the Biltmore Hotel (biltmorehotel.com) comes alive in summer with its 18-hole golf course and utterly incredible swimming pool, bedecked with Renaissance sculptures. Looming large and tall against the orange Miami sun is The Setai (thesetaihotel.com), a byword for Miami-chic with its Zen-inspired Asian courtyard atmosphere of pagodas and pools – the perfect spot for cooling off after a blue-sky Florida June day.

Piney Lake

Faena Miami Beach