DESTINATION RELAXATION
With the holiday season in full swing, it’s easy to forget one of the most important people on your list: you. Here, ELLIE’s 2017 pick of the chicest, most cutting-edge spas in the world. Go ahead, treat yourself.

A FAMILY AFFAIR
FOUR SEASONS OAHU AT KO OLINA
From the unlimited Sun Bum sunscreen at the infinity pool to the allergen-free-food zones (there’s a designated gluten-free toaster at breakfast), the Four Seasons Oahu, perhaps the most luxurious family-friendly resort on the planet, gets it right—down to the smallest detail.
Don’t miss: Billy Yamaguchi applies feng shui theory to deliver the haircut of a lifetime (just ask his fans Lady Gaga and Charlize Theron). Work on your ha (Hawaiian for “breathing”) during a meditation session or a body scrub in one of the spa’s two Himalayan salt chambers.

THE NE PLUS ULTRA
HOTEL METROPOLE MONTE-CARLO
The pool? Designed by Karl Lagerfeld. Your breakfast eggs? Shired under the direction of Joël Robuchon. That pedicure? From Bastien Gonzalez, the only man allowed to touch Naomi Campbell’s feet. And, last but not least, the facial? A Rihanna-approved extravaganza by Givenchy.
Don’t miss: The signature Le Soin Noir Renaissance Intégrale head-to-toe treatment incorporates your favorite Givenchy fragrance from start (a plush, scented robe) to finish (a final spritz sends you off). Maintain the skin transformation at home with Givenchy Le Soin Noir & Blanc Masque.

NIGHT AND DAY
FAENA HOTEL MIAMI BEACH
In a Venn diagram in which one circle contains epic Gucci-meets-Baz Luhrmann nightlife and the other contains shaman-supervised, real-deal spiritual escapes, the Faena may be the only place where the two successfully overlap.
Don’t miss: Take time to lounge in the jasmine-infused hammam before a “Tree of Life” body treatment. During the two-hour session, a healer plays Nepalese singing bowls (the same ones used in sound baths), cocktails a blend of Faena’s own essential oils (left), and uses heated rose quartz as a massage tool.