

EVA LONGORIA *On why the 42-year-old will try anything and everything when it comes to beauty*

WRINKLE REVOLUTION *10 surprising things you can do right now to make a big difference in how you will age*

NEWBEAUTY®

NEWBEAUTY.COM / ISSUE WINTER-SPRING 2018

THE BEAUTY AUTHORITY

SIMPLE SECRETS

TO LOOK AMAZING

BEFORE

& AFTERS

GET AN INSTANT

BEAUTY UPGRADE

SEXY

BODY

YOUNGER

IN 24 HRS

GREAT

SKIN

FIGHT

FAT

SPECIAL ISSUE

JAW-DROPPING MAKEOVERS

125 FAST + EASY FIXES



relax.

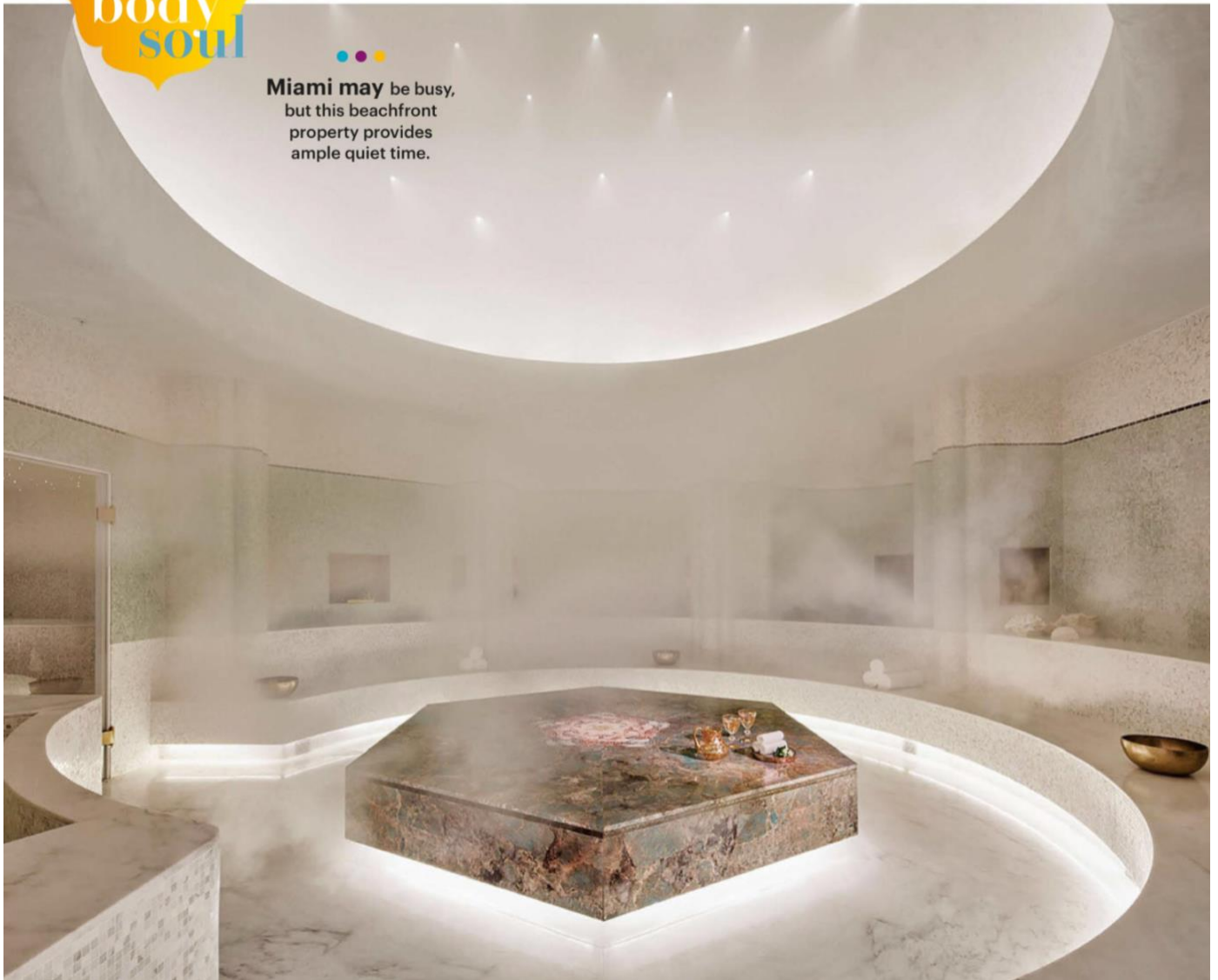
miami must

mind
body
soul

↓
**FAENA HOTEL
MIAMI BEACH**

MIAMI, FL — There are many things to see by this “oasis by the sea,” a previously vacant area of Miami that’s had a recent revival with a big play on relaxation. The hot-spot restaurants and almost-mandatory clubs of South Beach still prevail, but there’s also a huge wellness push that calls on energetic practices and state-of-the-art technology to serve up a memorable stay.

• • •
Miami may be busy,
but this beachfront
property provides
ample quiet time.





SEASIDE SOLACE

Situated on a stretch of Miami Beach that previously didn't have much going on, Faena is a throwback to the yesteryears of South Beach. There's an art deco-meets-chilled-out vibe, an amazing beach view from many of the rooms, Damien Hirst sculptures, and a ton of nightlife, but even if you just go there to enjoy some warm weather and do nothing, the hotel will make sure you can accomplish that, too.

SERIOUS SKIN CARE

The moment you walk into Faena's Tierra Santa Healing House, you know it's a spa that's serving up something different: There's a decidedly spiritual-holistic theme with crystal-infused water in the lobby and pops of unexpected color, followed by the most incredible pre-treatment area that makes the journey to getting your massage or facial almost the best part of the visit. Stay in the jasmine-scented hammam or ice room (part of the Wet Spa, which comes free with every spa service) for 15 minutes to get the full effect—chances are you'll make a trip back post-treatment.



RELAXATION REDUX

The spa takes skin care and body rituals very seriously—all of the therapists are highly trained to deliver what they call "fully immersive experiences." The spa's signature, the 110-minute Tree of Life Vibrations, which uses essential oils, hot stone massage techniques and signing bowls, is its most popular, but there are also over-the-top selections like the four-hour Couples Bath Ritual.



MAKE SURE TO PACK



LUXE CREAM

Biologique Recherche enters 2018 with a bang via its **La Grande Crème**. The product isn't cheap, but it is based on epigenetics, which promises to "slow down and potentially reverse aging." **\$675**, biologique-recherche.com



SKIN CARE, SIMPLIFIED

One side of the charcoal-activated **BLAQ Dual Sided Wipes** gently removes surface-level makeup; the other exfoliates skin to leave it squeaky-clean. **\$13 for 25**, blaq.co



GLOW GETTER

With the superstar antioxidant of healing turmeric, **Sundari Brightening Glow Turmeric Cream** seems to provide an instant Photoshop effect with just a drop. **\$58**, sundari.com